



do it with  
passion or  
not at all

find your  
purpose  
pack

SOUL SUPPER: PASSION

do you believe  
you have a  
purpose?

how do you  
define passion?

what are you  
passionate about?  
  
how do you know  
you're passionate  
about this?

what do life and  
romantic passions  
have in common?  
  
are they different?

what topic can  
you talk about for  
hours that when  
you talk about it,  
you light up?

if you had no  
responsibilities or  
financial  
hardships, what  
would you do with  
your time?

what is working  
well for you in  
your current life  
and career?  
  
what is not?

if you could be  
remembered for  
3 things after you  
die, what would  
they be?

what do you find  
fulfilling,  
meaningful,  
enjoyable and  
important?

what is the number  
one issue that  
keeps you  
stagnant in your  
life or holds you  
back from  
getting what you  
want out of life?

what drains you,  
makes you  
stressed, or  
wastes  
your time?

when you  
picture your life  
ten years from  
now, what does  
it look like?

what did your  
8-year-old-self  
love doing?

do you still  
do that?

If you could  
teach something  
to others, what  
would you  
teach?

if you could do one  
thing for yourself-  
not anyone else-for  
the rest of your life,  
what would it be?  
does that make you  
feel guilty? why?

what  
accomplishment  
are you most  
proud of in  
your life?

what are three words you would use to describe yourself?

what about how other people describe you?

what makes you feel happiness or joy with the friendships you have?

what makes you happy in your day-to-day?

if a magic genie granted you one wish, what would that wish be and why?

what is one thing you have wanted to do?

if you haven't achieved it yet, what do you have to lose?

how do you recharge?

what are some distractions that get in the way when people are pursuing their passion?

which of my traits and attributes stand out most?

which traits and attributes of yours stand out most?